

EMS Week 2017

Recognizing the Rescuers

Please join us in recognizing our EMS partners and their hard work, dedication, and commitment to providing outstanding care to patients throughout Boulder.

Wednesday, May 24th:

1100 to 1200 in Leo Hill A – Lunch and a panel discussion with local EMS providers.

Our EMS community is impacted daily by challenging situations, trauma that they face in the field, and their heroic efforts to take care of patients. The panel will discuss their experiences, how their work impacts them beyond their shifts, and how they manage this stress. We will also provide information on recognizing secondary trauma, PTSD, and how to address the effects.

1200 to 1600 in Leo Hill A and B – Additional care for the caregivers.

Cowboy Coffee snacks and drinks, BCH Canine Corps therapy dogs, and Urban Zen Sessions (20-30 minute sessions designed to leave you feeling relaxed and renewed – a combination of movement, posture, breathing, aromatherapy, and Reiki).

Friday, May 26th:

1100 to 1400 in the Ambulance Bay – Catered lunch.

Brisket, grilled chicken, salads, drinks, and dessert. Vegetarian items available too!

To Sign-Up for an Urban Zen Session, please visit:

<https://tinyurl.com/2017-UrbanZen>

Stop by the ED to pick up a gift from us as a small thank you for your hard work and vital contributions to caring for our patients

Sponsored by:



Boulder Community Health

